



SLA Return to Play Chart - Mitigation Strategy



		Return to Sport - Restart Plan 2.0 Step #1	Return to Sport - Restart plan 2.0 - Step #2	Return to Sport - Restart Plan 2.0 Step #3	
Time Frame		Revised June 10th 2021 May 25th 2021	Revised June 10th 2021 June 15th 2021	Revised June 10th July 1st 2021	
		Adjusted play as per WHO and NSO/PSO recommendations (ViaSport and BCLA inclusive)	Adjusted play as per WHO and NSO/PSO recommendations (ViaSport and BCLA inclusive)	The new normal	
Identify Where People gather together	Mitigation strategy	Mitigation strategy	Mitigation strategy	Mitigation strategy	
	Occupancy Limits	Outside - 50 max Competitive play allowed In facilities / Arenas- 25 max (distance rules apply) - 25 max in the field of play plus one (1) Health & Safety Person are allowed into the facility. If necessary 1 -2 additional personnel are allowed to satisfied the 2 Deep Method as participants need to be supervised in the dressing rooms at all times.	Outside - Competitive now play allowed - Spectators - Socially distanced with a 50 person max In facilities / Arenas- High intensity and competitive play allowed - Spectators - Not allowed		
	Sidelines	Outside - Physical Distance In facilities / Arenas - No spectators allowed	Outside - Physical Distance In facilities / Arenas - No spectators allowed	TBD	
	Boxes / Floors	Open with Physical distancing measures in place	Open with Physical distancing measures in place	TBD	
	Change rooms	All players to get changed at their vehicle or away from the playing area and with distance from others. Players are not to remove any equipment in the activity area (including gloves, helmet and cleats/shoes). Change Rooms remain closed	All players to get changed at their vehicle or away from the playing area and with distance from others. Players are not to remove any equipment in the activity area (including gloves, helmet and cleats/shoes). Change Rooms remain closed	TBD	
	on Field	Open for Competitive play	Open for Competitive play	TBD	
	Spectator area	Closed - No spectators	Indoor - No spectators Outdoor - Allowed with distancing and max 50 people	TBD	
	Meetings	Virtual	Virtual	TBD	
	Games	NA	Modified to meet WHO / PSO / NSO Guidelines - adhere to Physical distancing measures as required	TBD	
	Practices	Indoor - Modified to meet WHO / PSO / NSO Guidelines - adhere to Physical distancing measures as required Outdoor - Open for cometiitive play	Indoor Open for Competitive play without spectators Outdoor open to competitive play with distanced spectators (50 max)	TBD	
	Identify Equipment that may be touched	Equipment & Bags	Coaches: Equipment to be handled with gloved hands only Players: To leave equipment bags and non essential equipment at their vehicle Goalie Equipment (Potentially shared): All players to only use their own equipment with no sharing at all even in between activities. Cleaning and Care: Wipe down with disinfectant before and after use.	Goalie Equipment (Potentially shared): Assigned for durations of activity with no sharing during activity. Cleaned and disinfected between uses and prior to any one else using between activities scheduled. Cleaning and Care: Wipe down with disinfectant before and after use.	TBD
		Sticks	Coaches: Participate and provide demo with your own stick. Do not touch player sticks Players: Only use your own stick. Cleaning and Care: Wipe down with disinfectant before and after use.	Cleaning and Care: Wipe down with disinfectant before and after use.	TBD
Water bottles		No Sharing allowed	No Sharing allowed	TBD	
Balls		Coaches: Gloved hands only Players: not to use hands at all and only use sticks to pick up and touch balls. Parents Guardians/Spectators: Should not touch Cleaning and Care: Shall be cleaned before and after use using a soap and water solution in a bucket.	Cleaning and Care: Shall be cleaned before and after use using a soap and water solution in a bucket.	TBD	
Pinnies		No Sharing allowed	No Sharing allowed	TBD	
Identify areas surfaces that people touch		Balls	Coaches: Gloved hands only Players: not to use hands at all and only use sticks to pick up and touch balls. Parents Guardians/Spectators: Should not touch Cleaning and Care: Shall be cleaned before and after use using a soap and water solution in a bucket.	Cleaning and Care: Shall be cleaned before and after use using a soap and water solution in a bucket.	TBD
	Goal	Gloved hands only	Gloved hands only	TBD	
	Bench	Gloved hands only	Gloved hands only	TBD	
	Door handles	Gloved hands only	Gloved hands only	TBD	
	People	Parents	Physical Distance	Physical Distance	TBD
Coaches		Mask & Physical Distance	Physical Distance	TBD	
Players		Fully equipped & Physical Distance Contact play: only allowed outside	Fully equipped & Physical Distance when not in field of play Contact play: Play allowed as per WHO / PSO / NSO Guidelines	TBD	

*Any and all areas not covered within this SLA Return to Play guideline, players, parents/guardians, spectators & coaches must and are expected to follow the WHO & Provincial Health Officers restrictions and guidelines. PSO (BCLA) and or NSO (CLA) restrictions and or guidelines may go into further details and are used as reference to our Surrey Lacrosse Return to play plan. SLA reserve the right to make adjustments to this play as required under the guidelines of the above.