



SURREY LACROSSE ASSOCIATION ILLNESS POLICY

Note: In this policy, “member” includes an employee, volunteer, participant, coach and/or parent/spectator.

*Symptoms of Covid-19 may include, but are not limited to, chills, cough, shortness of breath, sore throat, painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.

In order to strive to reduce transmission of COVID and ensure the health of all members the following illness policy must be adhered to by all.

Symptoms.

- a) If any member feels any symptoms of COVID-19* then they must inform an individual in a position of authority (coach/team manager/program coordinator) immediately.
- b) No member may participate in an activity if they are symptomatic.

Prior to activity:

- a) Members must review the self-assessment signage located throughout the facility before activity to attest that they are not feeling any of the COVID-19 symptoms.
- b) If members are unsure, they should use the self-assessment tool <https://bc.thrive.health/covid19/en>
- c) If a member is feeling sick with COVID-19 symptoms they should remain at home and contact Health Link BC at 8-1-1.

During activity:

- a) Managers/coaches will visually monitor participants to assess any early warning signs as to the status of their health and to touch base on how they are feeling regarding their person safety throughout the activity.
- b) Spectator/Parents/Coaches are expected to self monitor.
- c) If a member feels sick and/or are showing symptoms while at the activity, they should be sent home immediately and contact 8-1-1 or a doctor for further guidance.

If a member tests positive for COVID-19

- a) The member will not be permitted to return until they are free of the COVID-19 virus.
- b) Any members who have interacted closely with the infected member will also be removed from the activity, for at least 14 days to ensure the infection does not spread further.
- c) Close off, clean and disinfect their facility area immediately and any surfaces that could have potentially been infected/touched.

If a member has been tested and is awaiting the results of a COVID-19 test

- a) As with the confirmed case, the member must be removed from the activity pending results.
- b) The Public Health Agency of Canada advises that any person who has even mild symptoms should stay home and call the public health agency of BC.
- c) Other members who may have been exposed will be informed and removed from the activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.
- d) The activity space will be closed off, cleaned and disinfected immediately as well as any other surfaces that could have potentially been touched/infected.

If a member has come into contact with someone who is confirmed to have COVID-19

- a) Members must advise their coach and team manager if they reasonably believe they have been exposed to COVID-19.
- b) Once the contact is confirmed, the member will be removed from the activity for at least 14 days or as otherwise directed by public health authorities. Members who may have come into close contact with the individual will also be removed from the activity for at least 14 days.
- c) The activity area will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been touched/infected.

Quarantine or Self-Isolate

- a) Any member who has travelled outside of Canada or the province within the last 14 days is not permitted to enter any part of the facility and must quarantine and self-isolate.
- b) Any member with any symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
- c) Any member from a household with someone showing symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
- d) Any member who is in quarantine or self-isolating as a result of contact with an infected person or in families who are self-isolating is not permitted to enter any part of the facility.